



## SPORTS & FITNESS BALLYFERMOT TIMETABLE

<u>Time</u>	<u>Mon</u>	<u>Tues</u>	<u>Wed</u>	<u>Thur</u>	<u>Fri</u>	<u>Sat</u>	<u>Sun</u>
07:00	25m Pool - Lanes	25m Pool - Lanes	25m Pool - Lanes	25m Pool - Lanes	25m Pool - Lanes		
08:00	25m Pool - Lanes	25m Pool - Lanes	25m Pool - Lanes	25m Pool - Lanes	25m Pool - Lanes		
09:00	25m Pool - Lanes	25m Pool - Lanes	25m Pool - Lanes	25m Pool - Lanes	25m Pool - Lanes	17m Pool Lessons	17m Pool Lessons
10:00	17m Pool Schools	17m Pool Schools	17m Pool Schools	17m Pool Schools	17m Pool Schools	17m Pool Lessons	17m Pool Lessons
11:00	17m Pool Schools	17m Pool Schools	17m Pool Adult Lessons	17m Pool Schools	17m Pool Schools	17m Pool Lessons	17m Pool Lessons
12:00	17m Pool Aqua Aerobics	17m Pool Schools	17m Pool Aqua Aerobics	17m Pool Schools	17m Pool Aqua Aerobics	17m Pool Private Booking	17m Pool
13:00	17m Pool Schools	17m Pool Schools	17m Pool Schools	17m Pool Schools	17m Pool Schools	17m Pool	17m Pool Private Booking
14:00	25m Pool - Lanes until 2:45pm	25m Pool - Lanes until 2:45pm	25m Pool - Lanes until 2:45pm	25m Pool - Lanes until 2:45pm	25m Pool - Lanes	17m Pool Private Booking	17m Pool
15:00	17m Pool - Lessons	17m Pool - Lessons	17m Pool - Lessons	17m Pool - Lessons	25m Pool - Lanes until 3:45pm	17m Pool	17m Pool
16:00	17m Pool - Lessons	17m Pool - Lessons	17m Pool - Lessons	17m Pool - Lessons	17m Pool - Lessons	17m Pool	
17:00	17m Pool - Lessons	17m Pool - Lessons	17m Pool - Lessons	17m Pool - Lessons	17m Pool - Lessons	25m Pool - Lanes	
18:00	25m Pool Lanes 5:30pm	17m Pool Private Booking	17m Pool Aqua Aerobics - 6:30pm	25m Pool Lanes 5:30pm	17m Pool - Lessons		
19:00	17m Pool Aqua Aerobics	17m Pool Aqua Aerobics	25m Pool Reduced Lanes 7:30pm	25m Pool Reduced Lanes 6:15pm	17m Pool Adult Lessons 7:30pm		
20:00	25m Pool Masters Swim	17m Pool Private Booking	25m Pool Reduced Lanes Available	25m Pool Masters Swim	17m Pool		
21:00	25m Pool - Lanes	25m Pool - Lanes	25m Pool - Lanes	25m Pool - Lanes			