



CLASS TIMETABLE

	MON	TUES	WED	THUR	FRI
09:00	ACTIVE AQUA 30 MINS	ACTIVE AQUA 30 MINS	ACTIVE AQUA 30 MINS	ACTIVE AQUA 30 MINS	ACTIVE AQUA 30 MINS
10:00	BUMS 'N TUMS 30 MINS	ULTIMATE TONE 30 MINS	BODY SCULPT 30 MINS		BUMS 'N TUMS 30 MINS
11:00			ACTIVE AQUA COURSE	ACTIVE BODY PUMP	
12:00					ACTIVE BODY TONE
13:00	SPINNING 30 MINS		SPINNING 30 MINS		
19:00	AQUA AEROBICS 30 MINS	ADULT LESSONS			
19:00	CIRCUIT	BODY SCULPT	WEIGHT LOSS CLASS		
19:00	SPINNING 45 MINS	SPINNING 45 MINS	SPINNING 45 MINS	SPINNING 45 MINS	
20:00		AQUA AEROBICS 45 MINS	AQUA AEROBICS 45 MINS	AQUA AEROBICS 45 MINS	
20:00				PILATE FIT 45 MINS	



CENTRE OPENING HOURS

MONDAY	07:00 - 22:00
TUESDAY	07:00 - 22:00
WEDNESDAY	07:00 - 22:00
THURSDAY	07:00 - 22:00
FRIDAY	07:00 - 20:00
SATURDAY	10:00 - 17:00
SUNDAY	10:00 - 16:00

ACTIVITY AREAS CLOSE 15 MINS PRIOR TO CENTRE CLOSING TIMES

BALLYMUN LEISURE CENTRE

WEB: www.dublincity.ie - EMAIL: ballymunleisure@dublincity.ie



MAIN STREET
BALLYMUN
01 8623508



JANUARY 2012



BALLYMUN LEISURE CENTRE



PAY AS YOU GO PRICES

POOL ONLY

ADULT	€6.00
CHILD	€3.00
FAMILY	€12.00
UNEMPLOYED ADULT	€4.80
UNEMPLOYED CHILD	€2.40
UNEMPLOYED FAMILY	€9.00
STAFF ADULT	€3.00
STAFF CHILD	€1.50
STAFF FAMILY	€6.00
OAP	FREE

GYM & POOL

ADULT	€7.00
TEEN	€4.50

STANDARD CLASSES

1 HOUR CLASS	€7.00
45 MIN CLASS	€7.00
30 MIN CLASS	€4.00

ADULT SWIMMING LESSONS

TUESDAYS 19:00 - 19:45

€7.00 PER LESSON OR FREE FOR MEMBERS

FITNESS BOOT CAMP

Monday, Wednesday & Friday @ 07:15

Saturday @ 09:00

€20 for one week or free to members

ALL MEMBERSHIPS INCLUDE:

- AEROBIC CLASSES
- POOL CLASSES
- POOL USAGE
- SAUNA AND STEAM ROOM
- POOL JACUZZI
- UNLIMITED USAGE
- FITNESS ASSESSMENTS
- FREE TABLE TENNIS

CHILDRENS SWIMMING LESSONS

BEGINNERS AND INTERMEDIATE LEVELS

MONDAY - FRIDAY 15:45 - 16:20

SATURDAY 10:15 - 10:50

ADVANCED LEVEL

MONDAY - FRIDAY 16:25 - 17:00

WEDNESDAY 18:00 - 18:45

€25.00 PER SIX WEEK TERM

Discounts for families available.

PLEASE ASK AT RECEPTION FOR AVAILABILITY

PLEASE NOTE

THE POOL AREA IS CLOSED FROM

16:00 - 17:00 WEEKDAYS

MEMBERSHIPS

ONE MONTH OPTIONS

ONE MONTH	€55.00
ONE MONTH TEEN	€35.00
ONE MONTH FAMILY	€80.00
ONE MONTH STUDENT	€40.00

THREE MONTH OPTIONS

THREE MONTHS	€140.00
THREE MONTHS TEEN	€90.00
THREE MONTHS STUDENT	€90.00

SIX MONTH OPTIONS

SIX MONTHS	€199.00
SIX MONTHS COUPLE	€300.00
SIX MONTHS FAMILY	€325.00
SIX MONTHS STUDENT	€120.00

YEARLY OPTIONS

ANNUAL	€299.00
ANNUAL COUPLE	€500.00
ANNUAL FAMILY	€650.00
ANNUAL STUDENT	€199.00

INSTALMENT OPTIONS

ANNUAL (Instalments)	€320.00
ANNUAL FAMILY (Instalments)	€695.00
ANNUAL STUDENT (Instalments)	€199.00

VARIOUS CORPORATE DISCOUNTS AVAILABLE.

PLEASE ASK AT RECEPTION FOR DETAILS.