

# POSITIVE AGEING WEEK PLAYDAY!



## WANTED 'YOUNG AT HEART' OLDER ADULTS!

We don't stop playing because we grow old;  
we grow old because we stop playing.  
- George Bernard Shaw

**Monday 26th September**

in the

**Cluid Building  
(Marewood Court)**

**From 12.00 noon - 2.00 p.m.**

**Join in the fun  
playing old games and new!**

**For more information  
contact Debby @01 222 5609**

Ballymun Regeneration Ltd is running this event in conjunction with, Active Living (Positive Ageing Week) and Ballymun Whitehall Area Partnership.

