

# Dublin City Age Friendly Programme

## Supporting Dublin's Older Communities



### Vision

“Dublin City will be a city where older people are supported to live independently in safe and secure homes and communities suitable to their physical and social needs. A city where older people are enabled to participate in economic, social, political and community life and continue to grow, develop and contribute to society”



# World Health Organisation (WHO)

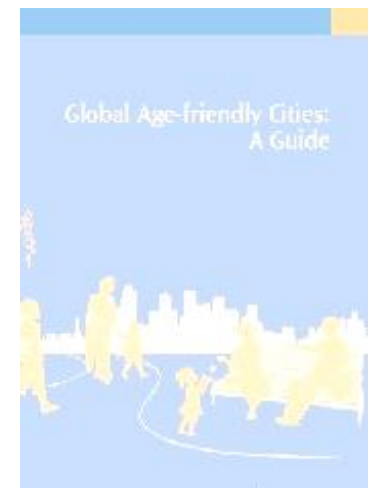


World Health  
Organization

## Dublin Age Friendly City;

part of a global effort to make a real difference

- Initiated by World Health Organisation 2007
- Framework for developing age friendly communities
- Provides a vehicle for multi agency engagement that includes older people in the process
- 200 hundred cities and communities in WHO global network
- Ireland's national programme started in 2009 in County Louth
- Dublin Declaration – all LA signed Nov 2014
- Dublin Age Friendly City Programme commenced 2013
- Dublin City Age Friendly Strategy launch October 2014



# WHO, Age Friendly Cities and Communities Programme in Ireland – Age Friendly Ireland



**2009:** AFCC programme commenced: County Louth

**2015:** Programme adopted by **all 31** Local Authorities

Age Friendly Ireland, hosted by DCC, supports City and County Age Friendly Programmes to realise their Strategies and Action Plans

## **16 Cities & Counties**

have;

- Consulted older people
- Launched strategy and action plan
- At implementation stage

**(Stage 4 - WHO)**

## **8 Cities & Counties**

are;

- At advanced stage of consultation
- Launching Strategies in next 3 – 4 months

**(Stage 3 – WHO)**

## **7 Cities & Counties**

are;

- commencing process of consultation
- To have completed this process by end of 2015

**(Stage 1 & 2 – WHO)**

# Age Friendly Ireland, supporting 31 City and County Programmes



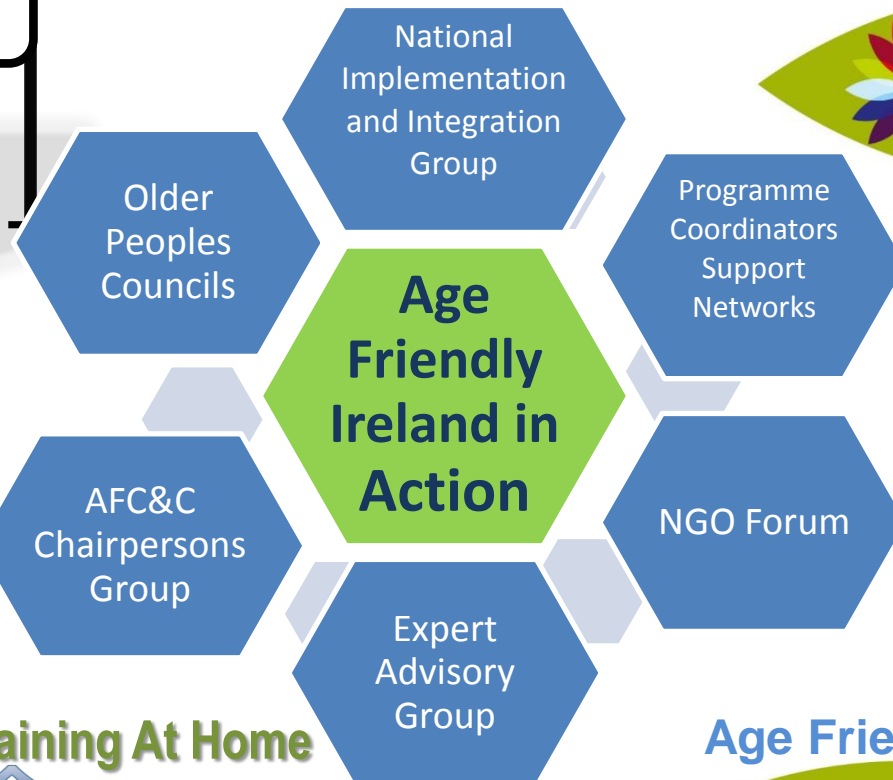
Age Friendly  
Towns



Age Friendly Business



We Aim To Be...  
Age Friendly



Older People Remaining At Home



Age Friendly Libraries



We Aim To Be...  
Age Friendly



# Context for Dublin City

Total population 527,612 (CSO - April 2011), of which:

**66,490**

People aged

**65+**

Living in Dublin City

**47,181**

People aged

**55 - 64**



**27,626**

males 65+



**38,864**

females 65+

This represents  
**12.60%**  
of the Dublin population  
(national average – 11.7%)

**5.99%**

**are 75 +**

(National average – 5.03%)

**26%** of  
**65+**

**Live alone**



# Dublin City, Age Friendly Programme

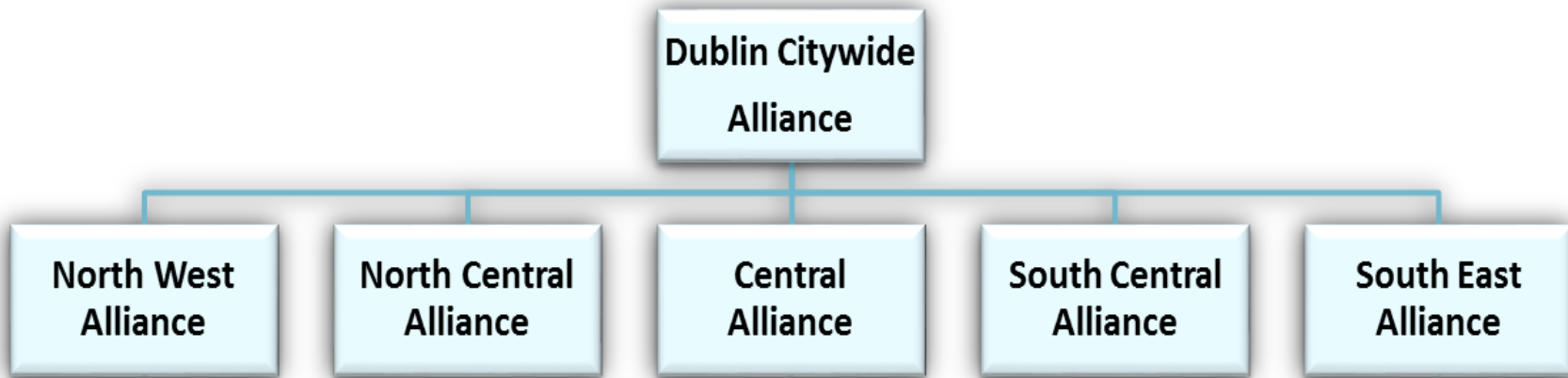
*Promoting positive ageing -working together to deliver meaningful change*

- Key statutory and non statutory agencies actively engaged – DCC, HSE, An Gardaí Síochána, Education providers, Voluntary Sector (community and housing) and Businesses in Citywide and Area Alliances
- Led by Dublin City Council at citywide and local level
- Older people at the heart of the process - establishment of area and citywide Older People's Councils
- Framework for developing age friendly communities through the lens of older citizens
- Part of national Age Friendly Cities and Communities Programme being facilitated by Age Friendly Ireland



# Dublin City Age friendly Programme

## Structure



- City Alliance oversees the realisation of **nine** Strategic Goals and Actions and supports the work of the **five** Area Alliances
- Five Area Alliances work towards the realisation of local Area Action Plans addressing needs of older people identified during consultation process.



# Dublin City Age friendly Strategy



## How it emerged

### Gathering the view of older citizens

Data collected using 9 outcomes through consultations at a local area level with older people and service providers

On Street Conversations	Older People Round table consultations	Questionnaire	Service Providers Round table consultations
573	950	853	150





# Dublin City Age Friendly Programme

## a flavour of how the programme is working

### Outdoor Spaces and buildings

- DCC partnering with DCU re pilot Age Friendly Park
- Area Alliances under leadership of DCC area offices identifying priority areas for works for consideration annually

### Transport

- Identifying transport gaps and engaging with transport providers to address gaps
- Promoting alternative models of transport for consideration

### Live in own home and community

- DCC hosting a housing seminar in 2015 to explore models of housing and appropriate funding and supports
- OPRAH project in Donnybrook

### Information

- DCC Libraries have developed an Age Friendly Strategy for DCC
- Age proofing DCC's customer telephone system underway

# Dublin City Age Friendly Programme

## a flavour of how the programme is working

### Safety

- An Gardaí Síochána appointing a dedicated Garda in each station for older people
- An Gardaí Síochána to identify areas and times of high footfall and introduce targeted high visibility patrolling

### Learn Develop and Work

- DCC developing volunteering opportunities for older people with various agencies
- Area Alliances mapping and promoting the expansion of learning opportunities for older people

### Social, Economic and Political Life

- Raheny and BIDs taking part in AFI's national Business Recognition Programme Learning Network
- Older People Councils to be set up in all Areas and registered under PPNs

### Healthy and Active Living

- DCC to expand programmes of events for older people
- DCC AFP working with ICGP to inform GPs on needs of the older patient
- Age Friendly Beaumont hospital

# Dublin Age Friendly Strategy

Success depends on the partnership that underpins the various Alliances and it will require:



- Age Friendly Strategy and Action Plans recognised under Dublin's LECP and DCC Corporate Plan and supported by relevant SPC's
- Dublin Age Friendly Programme to present to community SPC's annually on progress of Action Plan and to consider the challenges and opportunities that the Dublin Age Friendly Programme present
- Dublin Age Friendly Programme to present to Area Council meetings annually on progress of Dublin Age Friendly Strategy at a local level
- Key Agencies to provide Leadership and active Participation in order to realise the Strategic Goals and the Area Action Plans.
- Interagency collaboration at all levels
- The active engagement and involvement of older people - their inclusion on the Alliances and fora.