

Venue: Irish Wheelchair Association  
Blackheath Drive, Clontarf, Dublin 3

Contact: Joanne 086-2671271 or email [mccabesinjuryclinic@gmail.com](mailto:mccabesinjuryclinic@gmail.com)  
[www.mccabesinjuryclinic.com](http://www.mccabesinjuryclinic.com)

# *Pilates Classes*

**Venue: Poppintree Community Sports Centre**

*Located on -Balbutcher Lane, Poppintree*

**Starting Tuesday November 4th**

**Cost per class €8.00**

**Time: 9.30am**

