



# How Much Water do We Use?

Info Sheet 04

How much water do you think you use in your home every day? Believe it or not, an average household uses just under 400 litres of water everyday! Just think – what else could be delivered to your home in such quantities, every single day!



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**On average, each of us use about 150 litres of water per day. Try to imagine 150 litres of bottled water. That's a lot of water and it would cost a lot of money if you had to buy it from the shop everyday.**

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We use more water today than ever before. Our population has grown and our lives have changed.

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**Why not ask your grandparents or an older person you know how they used water in their home? Did it come from the taps or did they have to carry it up from the well?**

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## How we Use Water?

We use water in lots of different ways – for baths and showers, drinking, cooking, washing clothes, cleaning the car, and many, many more everyday activities.



Here are some examples of how much water we use today:

Brushing teeth  
with the tap running

6 litres  
per min.

Brushing teeth  
with tap turned off

1 litre  
per min.

Having a bath

80  
litres

9  
litres

Flushing the toilet  
(standard flush)

Flushing the toilet  
(modern flush)

6  
litres

Having a shower for 5 mins

35  
litres

Using the  
dishwasher

20  
litres

Having a power shower

125 litres  
in less than  
5 mins

Washing the  
car with bucket

70  
litres

Up to  
65 litres

Using the washing machine

Hosepipe

Over  
500 litres  
per hour