

1. DCSWP HIGHLIGHT EVENTS & PROGRAMMES JULY - AUGUST 2019

DUBLIN SPORTSFEST 2019

Following on from last year's success DCSWP's flagship annual event, Dublin Sportsfest 2019 will again take place during European Week of Sport (September 22 – 29). The focus will again be on encouraging participation across all ages, backgrounds & abilities and, importantly, sustainability. There will also be the added bonus of the chance to showcase DCC's many sport & recreation facilities.

The festival will comprise of a week-long programme of events across many of DCC's facilities, parks and urban spaces.

The DCSWP project team is in place and is currently in the planning stage. A full list of highlight events and programmes will be communicated across all of our social media channels, websites etc once confirmed.

DOCKLANDS DIP 2019

In partnership with Swim Ireland the Docklands Dip is back for 2019 and will take place on Wednesday 17 July from 10am – 4pm at Spencer Dock. This event is aimed at young people aged between 12 - 18 years.

Participants will have the opportunity to take part in water safety sessions, learn how to jump and dive and try their hand at water polo and kayaking.

SMALL GRANTS 2019

Sports Clubs operating within the administrative area of Dublin City Council and affiliated to a National Governing Body were recently invited to apply for financial assistance from the Sport For Young People Small Grants Scheme (10-21 years pf age). The Grant Scheme is funded and administered by Sport Ireland and the Dublin Sport & Wellbeing Partnership. The scheme supports clubs in some of the following;

- Purchase of Equipment
- Administrative costs
- Training and coaching courses

Applications for the small grants scheme closed on 28 June 2019.

2. DCSWP CORE PROGRAMMES JULY - AUGUST 2019.

Below are details of Highlight core DCSWP programmes being delivered in the Central Area over the next few weeks.

BIKE FOR LIFE

Underactive Adults

As a lead in to the Great Dublin Bike Ride this programme is a great way to inspire underactive adults involved in cycling and back to regular activity;

- **Programme:** Back on your Bike!
Dates/Times: Mondays. 10am
Location: Eastwall Water Sports Centre
Participants: 40 -74 years. Mixed
Partners: Active Age

CHANGE FOR LIFE

Underactive Adults

The Change For Life programme aims to improve the health of local communities by supporting people to become more physically active on a regular basis and adopt a healthier diet. The programme was rolled out from January to March in tandem with RTE's Operation Transformation in 15 locations across the city with over 1000 participants including the South East Area.

➤ Due to its success the following Change For Life programme continues in the Central Area over the next period;

- **Programme:** Change For Life Health & Wellbeing Programme
Dates/Times: Tuesdays 6pm/Fridays 10am
Location: Aughrim St Sports Centre
Participants: Mixed 18+ years
Partners: HSE

YOUTH FIT (CORE)

Youths at Risk (10-21 Years)

Youth Fit programmes are multi-sport and fitness initiatives for young people between 10 – 21 years. These initiatives create fantastic outlets for youths in the area

➤ The following Youth Fit Football programme is an ongoing initiative in the Central Area delivered in partnership with Chrysalis Community Drug Programme;

- **Programme:** Football Drop In
Dates/Times: Ongoing. Fridays from 5pm

Location: Aughrim Street/Grangegorman

Participants: Male 16+ years.

Partners: Chrysalis

- The following Youth Fit summer activity initiative is delivered in partnership with CDYSB and numerous Youth Services in the area including Bradog, Belvedere and Hay Youth Services and the Garda Juvenile Diversion Programme. This is a multi-sport programme which includes swimming, mountain biking, pier jumps, cycling activities and a splash day in Dun Laoghaire.

- **Programme:** Summer Local Youth Project

Dates/Times: 15 – 31 July in various locations in the area.

Participants: Mixed 10 – 17 years

Partners: Chrysalis

- **Programme:** MOST Project/An Garda Síochána Diversion Programme/Bohemians FC Foundation

Dates/Times: Thursdays 4 -6pm

Location: Aughrim St.

Participants: Males 10 – 21 years

3. CO-FUNDED PROGRAMMES JULY - AUGUST 2019

ATHLETICS DEVELOPMENT OFFICER UPDATE

- The Athletics Ireland summer camp will take place from 8-19 July (10am – 2pm) in Morton Stadium, Santry. The camp is aimed at children age 6 – 12 years.

A Family Fun Day with various athletic activities is scheduled for Sunday 14 July in Markievicz Park, Ballyfermot. Details TBC

BOXING DEVELOPMENT OFFICER UPDATE

- The StartBox Aviva Stadium Experience provides an opportunity to primary schools, secondary schools and community groups to visit the National Soccer and Rugby Stadium and be inspired by stories of past sporting heroes. Visits will include Stoneybatter YS and Cabra Boxing Groups who will visit the stadium and have full access to the stadium's facilities. This event is free of charge to all participants. Bookings for this event are ongoing. On - site visits take place from 13 May to 26 July from 12pm-2pm.

CRICKET DEVELOPMENT OFFICER

Citywide cricket summer camps take place in the following locations in July and August;

- Dublin City Summer Camp - 15-19 July from 10am-4pm in the Phoenix Park
- Dublin City girls camp from 30 July – 3 August from 10 am-4pm (Venue TBC)

FOOTBALL DEVELOPMENT OFFICER

- School is out for summer but children are encouraged to stay active and learn new skills through the Sports Direct FAI Summer Soccer School programme. This programme will enter its 23rd year in 2019. Every year boys and girls of all abilities sign up for five days of fun and football. While participants will learn new skills and tricks from our FAI Officers, the most important element of the camp is for children to have fun and enjoy themselves. The camps are fully inclusive, so if your child has a disability he/she is more than welcome

Details of citywide camps and camps in the South East area can be found on the FAI website;

<https://summersoccerschools.ie/dublin>

FURTHER DETAILS

For details or queries on any of the programmes/initiatives outlined above please contact Dee O'Boyle, DCSWP at (01) 222 5433/dee.oboyle@dublincity.ie

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