

fit for all

October 11th-17th

2021



Fit For All is a national week of events aimed at increasing opportunities for people with disabilities to participate within their local leisure centre or fitness facilities.

When

11/10/2021 to 17/10/2021

ALL FITNESS CLASSES ARE FREE

15/10/2021 FREE GYM OR SWIM

Where

SPORTS & FITNESS BALLYFERMOT

Contact

ALL YOU NEED TO DO IS PRESENT YOUR GREEN DISABILITY CARD AT RECEPTION WHEN BOOKING IN.

PHONE: (01) 2228566