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| Swimming Pool Timetable | | | | | | | |
| **Times** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **7am** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** |  |  |
| **8am** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** |  |  |
| **9am** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **Childrens Lessons** | **Childrens Lessons** |
| **10am** | **17m Lane Swim** | **17m Lane Swim** | **17m Lane Swim** | **17m Lane Swim** | **17m Lane Swim** | **Childrens Lessons** | **Childrens Lessons** |
| **11am** | **17m Lane Swim** | **17m Lane Swim** | **17m Lane Swim** | **17m Lane Swim** | **17m Lane Swim** | **Childrens Lessons** | **Childrens Lessons** |
| **12pm** | **Aqua Aerobics** | **17m Lane Swim** | **Aqua Aerobics** | **17m Lane Swim** | **Aqua Aerobics** | **17m**  **Private Booking** | **17m Lane Swim** |
| **1pm** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **17m Lane Swim** | **17m Lane Swim** |
| **2pm** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **17m Lane Swim** | **17m Lane Swim** |
| **3pm** | **Childrens Lessons** | **Childrens Lessons** | **Childrens Lessons** | **Childrens Lessons** | **17m Lane Swim** | **17m Lane Swim** | **17m Lane Swim** |
| **4pm** | **Childrens Lessons** | **Childrens Lessons** | **Childrens Lessons** | **Childrens Lessons** | **Childrens Lessons** | **17m Lane Swim** |  |
| **5pm** | **25m Swim 5:30pm onwards** | **25m Swim 5:30pm onwards** | **17m Lane Swim** | **25m Swim 5:30pm onwards** | **Childrens Lessons** | **25m Swim 5pm - 5:45pm** |  |
| **6pm** | **25m Lane Swim** | **25m Lane Swim** | **Aqua Aerobics** | **25m Lane Swim** | **Childrens Lessons** |  |  |
| **7pm** | **Aqua Aerobics** | **Aqua Aerobics** | **17m Lane Swim until 7:15** | **25m Lane Swim** | **Childrens Lessons** |  |  |
| **8pm** | **Master Swim Session** | **Adult Swimming Lessons** | **Reduced Lanes**  **25m** | **Master Swim Session** | **25m Swim 7:30 - 8:45pm** |  |  |
| **9pm** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** | **25m Lane Swim** |  |  |  |
|  | | | | | | | |
| **Key** | **Wall Up - Shallow End Free for Public Use** | **Wall Up - Shallow End Not free for Public Use** | **Wall Up - Shallow End Not free for Public Use** | **25m Wall Down** | **Masters 25m** | **25m Wall Down** | **25m Wall Down** |

Effective from April 11th 2022