

Pool Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>7am-9am</u>	Lane Swim	Lane Swim	Markievicz Masters Swim Club	Primark	Lane Swim		
<u>9am-11am</u>	Open Swim	Open Swim	Schools	Open Swim	Open Swim	Inflatable 10am- 12pm	Inflatable 12pm Inflatable 10am- 12pm
<u>11am-12am</u>	Open Swim	Open Swim	Open Swim	Open swim	Open Swim	Open Swim	Open Swim
<u>12pm-1pm</u>	Open Swim	12.30 Floatfit	Open swim	Open swim	Open Swim	Open Swim	Open Swim
<u>1pm-2pm</u>	Lane swim	Lane swim	Lane swim	Lane swim	Lane swim	Open Swim	Open Swim
<u>2pm-3pm</u>	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim 3.45pm
<u>3pm-5pm</u>	Kids Lessons	Open Swim	Kids Lessons	Kids Lessons	Kids Lessons	Open Swim	
<u>5pm-7pm</u>	Lane swim	Lane swim	6.20 Floatfit	Lane swim	RCSI	Open Swim 5.45pm	
<u>7pm-8.30pm</u>	Adult Lesson	Adult lesson	DBS 7pm	Hydro HIIT@7pm Floatfit @7.50pm	Open swim Vision Sport		
<u>8.30-9.45pm</u>	Adult swim	Adult swim	Aqua 8pm	Adult swim			

Lanes Available during these pool activities

5-6	3-4	3-4	2-3
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