



DFB
external
training

Dublin Fire Brigade keeping you safe

HEARTSAVER - AED COURSE

Course overview

Dublin Fire Brigade is a recognised training site for the Irish Heart Foundation.

The Heartsaver-AED course is delivered using a watch-while-practising DVD-based programme. This format is proven to retain skill levels at a high standard for longer.

Recertification period is every 2 years.

Who should attend?

The Heartsaver-AED course is recommended for lay rescuers who wish to learn Cardiopulmonary Resuscitation skills and how to use an Automated External Defibrillator (AED)

Objectives

To give the students the following knowledge and skills:

- Recognition of cardiac arrest and cardiovascular emergencies
- Making a 999/112 emergency call
- Performing CPR
- Orientation to an automated external defibrillator
- Safe use of an automated external defibrillator

Duration

This course is approximately 4 hours in duration

Programme delivery

Instructor/student ratios must be met under the rules of the Irish Heart Foundation, to ensure quality of information delivered. Courses can only be delivered by registered instructors.

Required Instructor/Student ratio is 1:6

Required Student/Manikin ratio is 3:1

Course fees

On application.

For further details contact:

**External Training Division
Dublin Fire Brigade Training Centre
Malahide Road
Dublin 3**

Email:

dfbtrainingcentre@dublincity.ie

or call us on 222 4199